



## National Emergency Medicine Training Programme

### Time Out of Programme / Leave of Absence Policy (CSTEM)

Core Specialist Training in Emergency Medicine (CSTEM) is a three year programme and training is delivered jointly through defined time periods spent working in clinical posts and mandatory off-site workshops and training days held in RCSI.

The requirement for both the clinical and off-site elements to be completed during defined stages of CSTEM means that CSTEM training must occur in its entirety on the National Emergency Medicine Programme in Ireland.

Completing a period of CSTEM overseas is not permitted because such experience, even if in a training environment, will not allow the on-site NEMTP appraisals or the off-site training content to be delivered.

In exceptional circumstances, trainees may request a period of **leave of absence** from CSTEM, i.e. for family or health reasons. Such requests should be submitted in writing to the Dean or Vice Dean of EM Training and will be considered on a case by case basis by ICEMT.

In the event that a period of leave of absence has been granted by ICEMT, the trainee may return to CSTEM at the appropriate stage, although the nature of CSTEM rotations is such that returning to the same post locations as planned at the outset of the rotation may not be possible and is not guaranteed. Acceptance of this stipulation is a condition of being granted leave of absence.